



Adults
Children
Couples
Families

We have
YOUR HEALTH
in mind



All the services you need, in **ONE LOCATION.**

Personalized and compassionate services in assessment, psychotherapy and other treatments. All Medipsy services are based on up-to-date scientific findings.



At Medipsy,
we have **YOUR HEALTH**
in mind.

Services for:

- Children
- Adolescents
- Adults of all ages
- Couples and families

Services offered:

- Individual psychotherapy (for children and adults)
- Stepped care* and coached self-help for anxiety and depression
- Virtual reality treatment (computer simulations) for anxiety disorders and phobias
- Sex therapy and couple therapy
- Family therapy

- Help and support for parents
- Psychological evaluation of mental disorders, personality, intellectual disability and I.Q.
- Assessment of memory problems and cognitive functioning
- Neuropsychological assessment of ADD/ADHD, neurocognitive problems, and learning disabilities
- Psychoeducational assessment
- Career and guidance counselling and support for life transitions
- Specialized coaching

* Stepped care is the least intrusive level of service that is effective for the client. Treatment includes self-guided exercises with the assistance of a trained coach. You do not need to visit the clinic and costs are lower than for individual treatment.

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